



### **THE CANACCORD CAPITAL H2V RIDE - FAST FACTS**

Team H2V::Coast to Coast is a Trans-Canada ride - Halifax to Vancouver – in support of the Juvenile Diabetes Research Foundation.

H2V is a history making event - a point to point race in the fastest time possible.

9 Days - September 14, 2007 – September 22, 2007

5 Riders - Team H2V – cycling coast to coast

6,000 km - Atlantic to the Pacific – Halifax Harbour to Vancouver's Stanley Park

Non stop – pushing 24 hours a day

Relay format - riders push the pace in 3 hour shifts in a constant rotation

Speed - riders will maintain an average speed of 30 KPH

Team H2V will push the pace - doing what hasn't been done. They will face extreme fatigue and unforgiving terrain. They will not stop. They will not give up.

Team H2V will utilize GPS tracking and real time webcam coverage of riders.

Team H2V will publish a daily blog with photos.

Team H2V rider Kyle Balagno is the father of a child with Juvenile Diabetes. His 12 year old daughter Taylor will travel with the H2V crew.

H2V is powered by a fathers promise, a community of friends, hope, passion and determination.

H2V will connect Canadians from coast to coast.

Team H2V's financial goal is to raise \$1,000,000 for JDRF through individual and corporate donations and event sponsorship.

H2V GOAL: A Cure for Juvenile Diabetes.

Website: [www.TeamH2V.com](http://www.TeamH2V.com)

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